

## 9 Out Of 10 Climbers Make The Same Mistakes Dave Macleod

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### 9 Out of 10 Climbers Make the Same Mistakes by Dave MacLeod

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### 9 out of 10 climbers make the same mistakes - training for ...

Dave MacLeod's book, 9 Out of 10 Climbers Make the Same Mistakes, was a thoroughly transformative book for my personal climbing and effectiveness as a climbing instructor and trainer. You can get the book direct from Dave's website here .

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technical or tactical errors.

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9 out of 10 Climbers Make the Same Mistakes By DAVE MACLEOD. So many climbers are held back by motivation, managing time and not being able to analyse and correct their own basic technical or tactical errors.

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I first read "9 out of 10" in 2013 when I'd only been climbing a couple years. In 2013, the book seemed verbose and not too helpful. It just didn't click then. I just read it again after 5 more years of climbing. In those 5 years, my improvements from "just climbing" plateaued. I'd flirted half-heartedly with the various training ...

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I really enjoy his blog and I was curious if anyone has picked up a copy of his 9 out of 10 Climbers Make the Same Mistakes book. If you've read it let me know if it's any good. 9 comments. share. save hide report. 80% Upvoted. This thread is archived. New comments cannot be posted and votes cannot be cast.

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